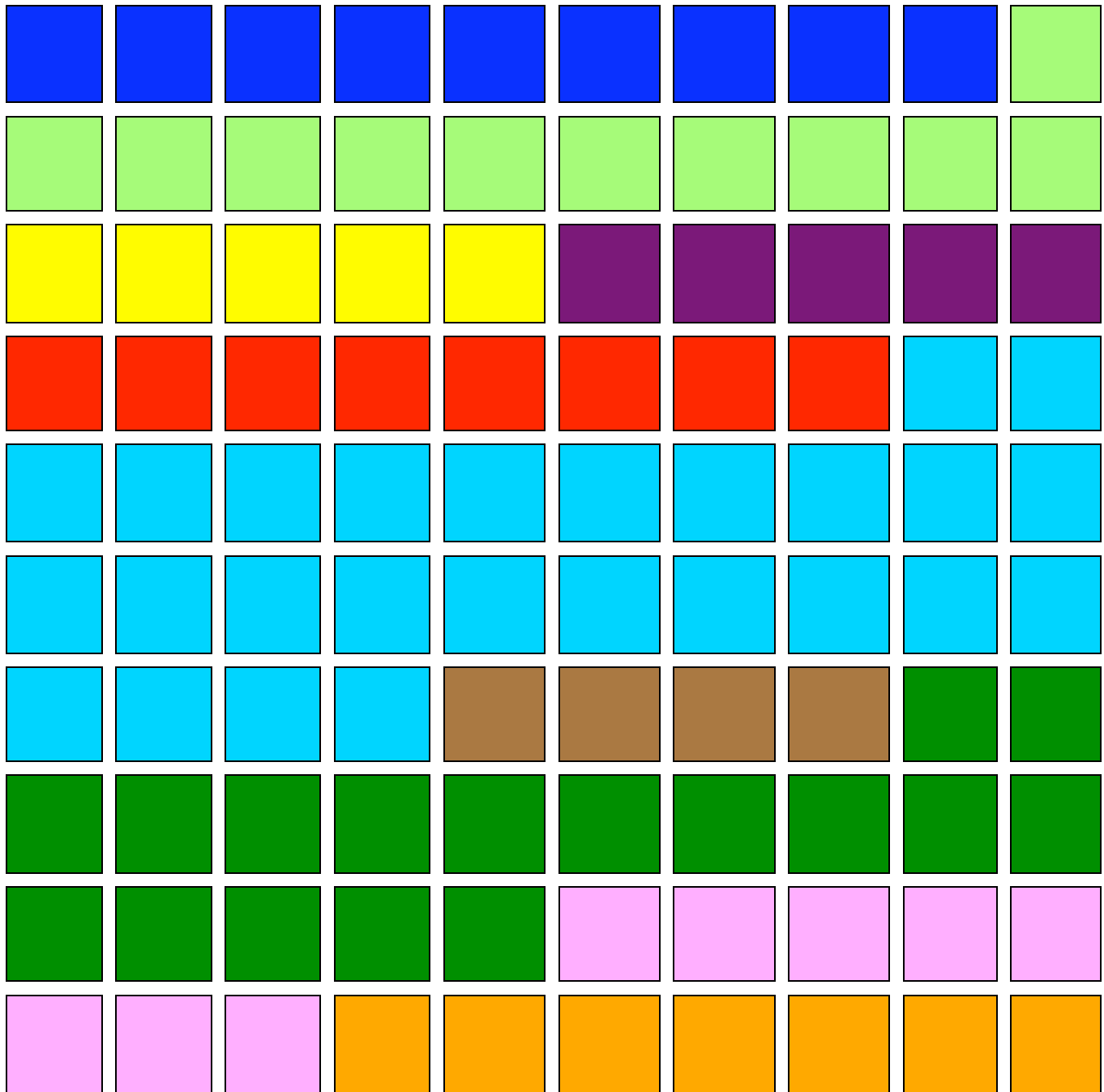
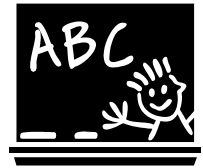







Utah School Nurse Association
www.utsna.org

Health Conditions Per 100 Utah Students



COLOR KEY

See reverse side for more information

- | | |
|---|---|
|  Overweight |  No Preventive Dental Care |
|  Prescription Medication |  Food Allergy |
|  ADD / ADHD |  Mental/Emotional/Behavioral |
|  Absent (Illness/Injury) |  No Health Insurance |
|  Asthma |  Threatened by Weapon |

OVERWEIGHT

9 out of 100 Utah children and youth (ages 10-17) are **overweight** and at risk for developing health problems, including type II diabetes. Another 12 children are at risk for **becoming overweight**.¹

PRESCRIPTION MEDICATION

11% of Utah children and youth under the age of 18 have used a **prescription medication** due to health conditions lasting 12 months or longer. Approximately 59% of Utah children currently use or have used prescription medication during the past 12 months.¹

ADD / ADHD

5 out of 100 Utah children and youth (ages 2-17) have been told they have **Attention Deficit Disorder** with or without hyperactivity.¹

ABSENTEEISM DUE TO ILLNESS / INJURY

5 out of 100 Utah children and youth (ages 6-17) **missed 11 or more days of school** over the past 12 months **due to illness or injury**.¹

ASTHMA

8 out of 100 Utah children and youth under the age of 18 have a history of **asthma**, with approximately 5 of those having an attack within the past 12 months. Additionally, another 15 children have been told by a doctor or health professional they had hay fever or other respiratory allergy.¹

NO PREVENTIVE DENTAL CARE

26 out of 100 Utah children (ages 1-17) did not receive routine **preventive dental care** during the past 12 months.¹

FOOD ALLERGY

4 out of 100 Utah children (ages 0-17) have been diagnosed with a **food or digestive allergy**.¹

MENTAL/EMOTIONAL/BEHAVIORAL

17% of Utah children and youth (age 3-17) have 1 or more difficulties in the areas of emotions, concentration, behavior, or getting along with others. Additionally, 4% of children and youth (age 2-17) have been told by a doctor or health professional they have a behavioral or conduct problem. Another 7% of Utah children have received mental health care or counseling during the past 12 months and 4% of children/youth (ages 2-17) have been told they have depression or anxiety problem(s).¹

NO HEALTH INSURANCE

8 out of 100 Utah children and youth (ages 0-17) have **no health insurance coverage**.²

THREATENED BY WEAPON

7% of Utah children have been **threatened or injured by a weapon** on school property one or more times during the past 12 months.³

The chart on the reverse side represents the incidence of some common health conditions and concerns in Utah's children and youth and is not meant to imply that every student has a health condition or concern. It only illustrates that out of every 100 Utah children, there are likely 100 health conditions or concerns that would benefit from having a school nurse available onsite. Even children without a health condition or concern can benefit from the services of a fulltime professional registered nurse. A school nurse can provide health screenings such as vision and scoliosis. School nurses also provide communicable disease monitoring, health education, health promotion and crisis management, including immediate assessment and first aid. **Healthy People 2010 recommends one registered nurse per every 750 regular education students**.⁴

References:

1. Child and Adolescent Health Measurement Initiative (2005) *National Survey of Children's Health*. Data Resource Center on Child and Adolescent Health website. Retrieved January 2006 from <http://www.nschdata.org>

2. 2003-2004 Health Status Survey, Office of Public Health Assessment, Utah Department of Health. Retrieved January 2006 from <http://ibis.health.utah.gov>

3. Youth Risk Behavior Survey 2003 (YRBS) CDC, NCCDPHP Retrieved January 2006 from <http://www.cdc.gov/HealthyYouth/yrbs/index.htm>

4. Healthy People 2010 U.S. Department of Health and Human Services (USDHHS). (2000). Healthy people 2010 (2nd ed.). Washington, DC: U.S. Government Printing Office. December 2003