
School Nurse Connections

Utah School Nurse Association Winter 2006 Newsletter

President's Message by Deborah Milan-Niler

Dear Everyone,

This has been quite a year! I personally want to thank all of you for taking an active role in the legislative process by notifying your legislators. One person's voice can really make a difference. School nursing and the role of the school nurse are coming to the forefront. This is not only important for our nursing specialty, but most importantly, our role as child advocates. The priority of this bill as well as the focus of our jobs as school nurses is to promote the health, safety, and well-being of Utah's school children. By the time you receive the newsletter, we will know the outcome of our bill. Our bill, SB48-School Nurse Legislative Study will hopefully be funded by the end of next week. We will keep you posted.

February 17th was UNA's Nurses Day at the legislature. Lynne Calame was one of the presenters. She spoke to a filled to capacity auditorium at the downtown library. Lynne addressed the very important topic of advocacy. Lynne did an exceptional job representing school nursing and the nursing profession in general. Lynne spoke about how one person's voice can truly make a difference. She gave the example of testifying in front of the state textbook commission concerning the issue of teaching maturation in the schools. The issue at hand was in jeopardy of not being allowed to be taught as curriculum in the school. Lynne's very dramatic and poignant presentation had such an impact on the members of the commission, that there was an overwhelming support to continue to keep this as part of the state curriculum. Lynne was advocating for the health, safety, and well-being of Utah's school children. We are very fortunate to have had Lynne's expertise as a school nurse represented. UNA has also been actively advocating

and lobbying for school nurses and SB48 on capital hill. I encourage all of you to not only support USNA/NASN, but to support our state association of nursing. UNA is looked upon as the experts in the field for nursing and it is very important that we as an organization and as individuals take an active role.

Our spring conference topics look fantastic and I hope all of you will attend. This is a time not only to learn, but most importantly to rejuvenate ourselves and network with each other. Many of you have very innovative and unique programs and ideas to share with your colleagues. Our spring conference is a great time to do this. I hope many of you will take the opportunity to get involved in USNA and sign up to participate on committees for the coming year. It is so important that the different districts in the state be represented. Your ideas and opinions are very important.

I want to encourage all of you to also consider attending the NASN Annual conference in New York City, June 30-July 3rd. It would be fantastic if we had a large contingency representing Utah this year. It is an amazing and uplifting experience to be in one room with over 1500 school nurses from all over the United States and world.

The Rocky Mountain Maternal Child Health (MCH) Certificate Program is seeking new trainees for the coming year. The certificate program is a grant-funded 12 credit program for MCH professionals working in the Rocky Mountain States. The program includes participation in two summer institutes, taking graduate level maternal and child health or public health courses, and conducting a field –based practicum experience. Each trainee is also matched with an academic and field mentor to work with him/her throughout the one year program. There is no cost to the trainees for the activities or for travel and tuition for the graduate credits. The cost is covered by the program using funds from HRSA, Maternal and Child Health Bureau. I will have applications at the conference. This sounds like a great opportunity. There are 12 slots open.

I hope all of you are having a productive and good school year. If any of you have any questions or concerns, please feel free to email me. I look forward to seeing all of you at our spring conference.

Very Sincerely,

Deborah

Deborah.milan.niler@slc.k12.ut.us Tele: (801) 974-8340



State of Utah

ION M. HUNTSMAN, JR.
Governor

GARY R. HERBERT
Lieutenant Governor

Utah Department of Health
Community & Family Health Services

David N. Sautter, M.D.
Executive Director

A. Richard Vetter, Dr. PH
Deputy Director

Allan Simonson
Deputy Director

George W. DeKorin, M.D.
Deputy Director

January 23, 2006

Dear Colleagues:

It is with pleasure that I announce the appointment of Karen Roylance to the position of State School Nurse Consultant for the Utah Department of Health. She assumes the responsibility from Caroline Green who will be taking on full time responsibilities within the Immunization Program here at the Utah Department of Health.

Karen is a registered nurse who has worked in the public health arena for several years and brings with her approximately ten years of pediatric experience. During this time she has worked with school health issues in several capacities including a public health pediatric clinic and immunization clinics.

She will represent the State in the National School Nurse Consultant Association in her new capacity. I fully support her interests in this organization and encourage her to become actively involved in its activities and those of the Utah and National Association of School Nursing.

Please join me in supporting Karen as she assumes her new responsibilities. She can be contacted at (801) 538-9187 and email kroylance@utah.gov.

Sincerely,

Nan Streeter, M.S., R.N.
Director, Maternal and Child Health Bureau



MATERNAL AND CHILD HEALTH BUREAU
555 North 1460 West, Salt Lake City, UT
Mailing Address: 555 North 1420 West, Salt Lake City, UT 84114-2001
Telephone (801) 538-5859 • Fax (801) 538-6409 • www.deahealth.utah.gov

School Nurse Consultant: Karen Roylance, RN
(801)538-9187 Office
kroylance@utah.gov

Government Relations



The Winds of Change are Blowing

February 9, 2006

Dear Members,

Since our last update, SB48S02, (Senate Bill 48 - Substitute 2), School Nurse Legislative Study, had the second reading in the House of Representatives and surprisingly was sent to the House Rules Committee. Any bill with a fiscal note of greater than \$10,000 is held in the House Rules Committee for prioritization. On the 40th day of the Legislature, which is February 24th, the final dollar amount of the budget will be available from the Governor. At that time, the bills numbered with the highest priority will be funded. It is imperative that we act now, as a unified group, to obtain the support from all House of Representative members to pass this bill. The bill would establish a study group made up of all the stakeholders including school nurses to identify the needs of children in the schools, propose solutions and funding mechanisms to meet those needs.

If we do not do something within the next two weeks our bill may die in the House of Representatives and not be addressed again. It is vital that the members of the House of Representatives hear our voices. Remember, our main focus is for the safety, health, and well-being of all Utah's school age children.

WE NEED YOU TO ACT TODAY:

Attached are sample letters for: School nurses, parents, grandparents and others to personalize their situation and forward to their own Representative. Call your PTA President and give them the talking points to speak to parents. Attend the Parent Teacher Conference's at your schools to increase awareness of school nurses. Call or write your own representative if you haven't or do it again!

The Role of the Utah School Nurse will be sent as soon as we get the new graphics and this is to be used with this packet.

Cescilee Rall is your contact if you have questions or need further information or assistance. She may be contacted at: (801)913-9236 or (801)646-5084, or email at: cescilee.rall@granite.k12.ut.us

Each voice has a positive impact on your Representative. Please use your professional influence. The bullet talking points are a guide to the issues and will help you to talk or email your representative. The other attachments are templates to make it easier for you to help others (parents, PTA, etc.) contact their Representatives. Please feel free to contact me also, if you have any questions or concerns.

Very Sincerely,
Deborah

Colleen Drake 801-481-4800
Margo Hill 801-808-2759
Co-Chairs, Government Relations Committee

NASN NEWS UPDATES

This message is sent to you on behalf of the Diabetes Task Force

The American Diabetes Association is working in many states to enact law that will allow an unlicensed person to be used in the schools to care for children with diabetes. NASN opposes this legislation. NASN strongly supports safe and appropriate care of students with diabetes in our schools through case management by school nurses. This unlicensed person may not necessarily be placed under the direction of school nurses and, in some schools, may be placed without any presence of health services. NASN believes minimally trained non-medical personnel and non-supervised volunteers lower the standard of care and may jeopardize the health and safety of students with diabetes. The NASN Diabetes Task Force is asking states to watch for any type of diabetes legislation. This includes legislation related to glucagon, training unlicensed personnel, insulin, etc. If this is occurring in your state, please inform the NASN [Diabetes] Task Force. We would like to monitor this type of legislation. Send your emails to: **Sally Hunter** at apsnurse@yahoo.com

Thank You, The Diabetes Task Force

NASN Representative's Message by Kathy Briggs

In the middle of a busy school year I often find myself asking "Is it June yet?". As your NASN representative from Utah, this year seems a little different because I have so much to do before the June national meeting. The committees I have been assigned to are writing / updating several position statements and issue briefs. I am certainly glad that I had the opportunity to work on USNA's professional practice committee because, although the process is not totally foreign to me, it is an amazing learning experience.

I am totally in awe of the work that is done for all of us on the national level. I hope all of you have been able to read the newspaper article in USA Today, seen or heard the interviews that our NASN President Sue Will has done in recent months. She is untiring in her efforts to promote school nursing. Sue wrote a letter to Utah's Paula Tuck thanking her for the "...incredible work you are doing to create safe and appropriate care for student health needs." One of the efforts of NASN is to initiate a position for a school nurse specialist in the Department of Education. NASN is working with AFT and NEA to help with the various legislative issues going on various states – one which is affecting several states including Utah is the ADA legislation.

Many of you are aware that the NASN offices are moving to Washington DC. The western office should be moved by June. Unified membership dues for USNA/NASN were increased slightly this year (now \$114.50) due to the increased costs of all services they give to members.

I encourage you all to attend the USNA Spring 2006 Conference scheduled for March 16 & 17 at the Provo Marriott. The conference committee has scheduled an informative and fun agenda. Also plan to attend the NASN Annual Conference "Capitol Investment for Children" in New York from June 30 – July 3. There are ten (10) pre-conference sessions planned for June 29. Information will be available early in March on this.

Call or email me if I can be of help to you as a NASN board member:
(cell) # 580-2479 or kathy.briggs@granite.k12.ut.us



2006 Childhood Immunization Schedule Released By AAP

The American Academy of Pediatrics (AAP) has issued the recommended 2006 childhood immunization schedule for the United States. The statement represents joint recommendations from the AAP, the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC), and the American Academy of Family Physicians (AAFP). The 2006 schedule reflects several changes including the following:

- Hepatitis A vaccine is now recommended for universal administration to all infants 12 to 23 months of age, with a second dose six months later.
- A single dose of meningococcal conjugate vaccine, a vaccine to prevent sepsis and meningitis, is recommended for all 11-to 12-year-olds, for adolescents at high school entry or 15 years of age, and for college freshmen who will be living in a dormitory.
- A single dose of an adolescent preparation of tetanus and diphtheria toxoids and acellular pertussis (Tdap) vaccine is recommended for 11- to 12-year-olds, provided they have not received a tetanus and diphtheria (Td) booster dose, and for adolescents 13 to 18 years of age who missed the 11- to 12-year-old Td or Tdap booster dose.

To read the policy statement appearing in the January issue of Pediatrics, please visit <http://pediatrics.aappublications.org/cgi/content/full/117/1/239> . For the 2006 childhood immunization schedule, please visit http://www.cispimmunize.org/IZSchedule_2006.pdf .

The American Academy of Pediatrics is an organization of 60,000 primary care pediatricians, pediatric medical subspecialists and pediatric surgical specialists dedicated to the health, safety and well-being of infants, children, adolescents and young adults.

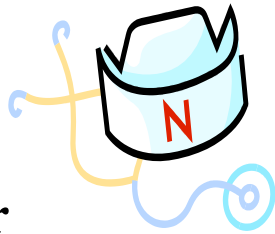
Getting to Know You/News from Around the State



This is a new addition to the newsletter and hope that it will be filled with exciting news from all of you. The purpose of this section is to get to know more about each of the school nurses in our state. We want to know what you are doing in your life and how you are doing. The news that you share can be personal, professional, educational, spiritual, motivational or just plain interesting. Please email your news to stublerj@katwwdb.com or jody.stubler@jordan.k12.ut.us

If any of you have the inside scoop on one of your colleagues and friends please don't hesitate to share.

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- Many of you know Virginia Sanchez and know of her many contributions in time, effort and sacrifice for the USNA. Last year Virginia resigned from the Board to be with her husband who had terminal cancer. Sadly we have learned of his passing and want to extend our heartfelt condolences to Virginia and her family. Our love and prayers of comfort are with you.
 - Congratulations to Karen Roylance on her appointment to be the new School Nurse Consultant for the State of Utah. We look forward to working with her and getting to know her better.
 - Many thanks to Caroline Green for the wonderful service and support she has provided to all the School Nurses as the former School Nurse Consultant. Caroline won't be too far away though and will continue to be a liaison for school nurses for the State of Utah.
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Sharing Corner

by Jody Stubler

The sharing corner is another new addition to our newsletter. This section will be devoted to sharing information that will help us professionally. One of our goals as the USNA board is to help each nurse feel a part of our professional nursing organization. Another goal as Deborah pointed out is to develop standards of care through policies and procedures in all districts. By sharing how you do your practice individually and collectively we can learn what works best, implement new ideas and eventually standardize our practice so that we can be united as Utah School Nurses. Your suggestions are welcome and we encourage each of you to share what you do, how you do it, what works, what doesn't, and what helped you to identify the need for a change or to implement a new idea. Send ideas to Jody Stubler jody.stubler@jordan.k12.ut.us or stublerj@katwwdb.com. Thank you for your dedication and service

Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve... You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love. —Martin Luther King, Jr.-

*See page 15 for time saving tips from [School Nurse Perspectives](#) for School Nurses by a School Nurse

Nominations Committee by Cescilee Rall

Position of President Elect

Nominee: Cescilee Rall RN, NCSN

Autobiography

My name is Cescilee Rall. I graduated from Carroll College with a BA in 1988. I have worked in many different nursing settings in several states before I became a school nurse in 1995. I have been a school nurse for 11 years and have practiced school nursing in Wyoming, Texas, and Utah and am currently working in the Granite School District. I have been a member of NASN for 11 years and am a member of USNA.

I was a board member of the Wyoming State Diabetes Prevention and Control Program from 1998-2000. I initiated the first Juvenile Diabetes Support Group in the state of Wyoming in 1998. With the help of the diabetes support group in Wyoming, we were able to bring PCMC Diabetes Team to Sweetwater County to educate parents, students, school staff, and the entire community on many different diabetic issues. I also helped to educate the Sweetwater County population on diabetes by bringing in Deb Butterfield (Founder of the Insulin-Free World Foundation) while she was on her national book tour of "Showdown with Diabetes".

I held a Region IV TASN office on the "Peer Review Committee" from 2002-2004 in Houston, Texas. I was also on the Emergency Management Team for Cypress Fairbanks ISD in Houston from 2001-2004. I became a Nationally Certified School Nurse in 2002.

I currently hold the position as Nominations Chair for USNA. I am the nursing representative on the board of the Utah State Diabetes Prevention and Control Program.

As President Elect of USNA, I would strive to represent our organization with pride and dignity that will exemplify how we as, the school health experts, are viewed in the educational setting.

Position of Secretary

Nominee: Jamie Ferdinand RN

Autobiography

My name is Jamie Ferdinand and I am running for the office of Secretary of USNA. This is an exciting time to be a school nurse in Utah. I moved to Utah in September '04 and have been employed by the Granite School District since that time.

I received my BSN from Montana State University. I have worked in the hospital and public health setting. My previous work experience as a school nurse includes working in the Grants Cibola County School District in New Mexico, Putnam City School District in Oklahoma, and the Natrona County School District in Wyoming; these moves have totaled about 26 years. My caseloads ranged from 2 elementary schools to 1 secondary (either high school or junior high). I have worked on various program developments such as health fairs, 3-D (Don't Do Drugs) for middle school, nutrition awareness, pre natal and parenting classes, growth and development, teen health promotion by creating a teen center providing substance abuse prevention with high school students working with elementary students, peer educators, sports physicals. I have also assisted in writing health and AIDS curricula. Committee responsibilities have included creating an Employee and Family Assistance program for district/ community, health promotion and wellness programs, student charity, building manager for student assistance intervention team, building manager for facilitation of student support groups, crisis team member as well as manager. Being able to work in 4 states as a school nurse has given me the opportunity to grow and see how other nurses are able to practice.

I have been a member of the of the New Mexico School Nurse Association, Oklahoma School Nurse Association, Wyoming School Nurse Association, and the Utah School Nurse Association and served on various committees such as by-laws, finance, and membership. Professional development has always been part of my learning process from the NASN conferences to local workshops as well as various college classes. I am a member of NASN and also a Nationally Certified School Nurse.

Ito Award

**Live Well, Laugh Often, Love Much
2005-2006**

Given to a School Nurse for her/his unique contribution to School Nursing. For example, Lana Sullivan won for creating our Utah School Nurse Association Web Site, Rosa Oaks won this award for creating a radio outreach program dealing with School Health Issues and the nurses from the Salt Lake District won for becoming Vaccine for Children and participating in USIIS.

**Nominee must be a member of
the USNA.**

**Nomination Due by March 1,
2006.**

Name of Nominated Nurse: _____

School District/Health Dept: _____

Utah School Nurse of the Year

2005-2006 Application

Name of Nurse: _____

School District: _____

Educational Background: _____

Biographical Sketch: Write a Paragraph or Two (attach sheet to application)

Current Member of USNA? Yes No

Member of USNA for the Preceding Two Years? Yes No

At Least Five Years Experience as a School Nurse? Yes No

List Dates of Experience _____

The Committee Scores All Applicants According to the Nominee's Qualifications in the Following Areas of Nursing Practice Listed Below.

Please Write a Paragraph or Two On Each Area:

- T **Provider of Client Care**
- T **Program Manager**
- T **Health Education**
- T **Professional Development**
- T **Political/Legislative Activity**
- T **Community Involvement**
- T **Research**

Maximum of Six Letters of Recommendation, Which Focus on the Above Seven Criterion.

**Send Completed Application to Lynne Calame, 4689 Holly Lane,
SLC, UT, 84117**

Application due by March 1, 2006.

Utah School Nurse of the Year

Nomination Requirements

In order to be eligible for the award the nominee must be:

- A Registered Professional Nurse
- A Member of USNA Current and the Preceding Two Years
- Have At Least Five Years Experience As A School Nurse

Address the Following Areas of Nursing Practice:

- Provider of Client Care
- Program Manager
- Health Education
- Professional Development
- Political/Legislative Activity
- Community Involvement
- Research

Letters of Recommendation:

- A Maximum of Six Letters May Be Submitted
- The Letters May Be From School Nurse Colleagues, Administrators, Supervisors, Teachers, Parents, Students, etc.
- The Letters of Recommendation Should Relate to the Above Topics.
- The Letters of Recommendation Should Describe Specific Issues or Topics Related to the Nominee's Qualifications for the Award.

Biographical Sketch:

Let Their Little Lights Shine 2005-2006

During our Annual Spring Conference Awards Ceremony, the Awards Committee would love to recognize School Nurses who have received new college degrees, special certifications, School Nurse Certifications, Community Awards, District or School Awards, Research Projects, or something special we should acknowledge.

Contact:

Lynne Calame, W: 801-481-4943, Fax: 801-481-4944,
lynne.calame@slc.k12.ut.us, 4689 Holly Lane, SLC, UT 84117

Mary Clark, W: 801-578-8462, mary.clark@slc.k12.ut.us

Name of Nurse: _____

School District/Health Department: _____

Please Acknowledge the Following:

Nominated By: _____

Date: _____

Due By March 1, 2006





GRANTS

NASN Research Grant awarded for research with a focus on any area related to School Nursing and/or impacting Student Health. Average award is \$2,500/Maximum Award is \$5,000.

NASN Directed Research Grant awarded for pertinent topic of interest determined annually by NASN. Average Award is \$2,500/Maximum award is \$5,000.

The following topics have been determined for the 2005 Grant Process:

- Factors affecting student success
- Mental health issues for students and staff
- Chronic health conditions
- Contemporary/emergent health issues recognizing Exceptional Research Endeavors. Award is \$100.

NASN Recognition Award for Completed Research

Download Application: Adobe PDF Format
MS Word Format

Deadline: March 1st

(To Download the applications and for more information, get on the internet, type **National School Nurse Association** on the browser line, when the NASN Homepage comes up, look left and click on **Professional Information**, then look toward the center of the page and click on **Research Grants and Awards**.

Scholarships 2005-2006

USNA is offering three \$500.00 scholarships to be given out this year to Utah School Nurse's who are working towards a Bachelor of Science Degree, Master's Degree, or School Nurse Certification. Candidates must be a member of the USNA to qualify and must complete the application which follows. Deadline is March 1st, 2006

APPLICATION (please print)

Name: _____

Address: _____

City _____ Zip _____

Work Phone Number: (____) _____

Fax: _____ Email: _____

School District/Health Dept: _____

Present Academic Credentials (RN, LPN, BS, BSN, etc) _____

USNA Member for at Least 2 years? Yes _____ No _____

Type of Course Work Planned: _____

Name of Institution Planned for Course Work: _____

Degree Working Toward: _____

Proposed Completion Date of Degree: _____

Additionally Please Include:

- Photocopy of Utah State RN/LPN License
- Written Verification of Current Employment as a School Nurse
- Letter of Support from Immediate Supervisor
- Completion of a (500 word or less) Essay demonstrating how your students and school system will benefit from your receipt of this scholarship.

I understand that if I receive one of the \$500.00 scholarships, I will turn in a copy of the graduation diploma or certificate at the completion of my program work to Lynne Calame, 4689 Holly Lane, SLC, UT. 84117. If I do not complete the degree or receive the School Nurse Certification, I will refund the \$500.00 within 3 months of the above proposed completion date. I understand that the decision of the Committee will be final and not open to appeal. I understand that the Application is Due by March 1st, 2006.

Signature of Applicant

Date

School Nurse Time Saving Tips

[Gerri Harvey, School Nurse Perspectives](#)

Some of these tips are mine but most came from a variety of school nurses who responded to a survey I posted on my website a month or so ago. Others have been emailed to me at various times from generous readers.

I have purchased those round sticky labels from the office supply store and I put last names on the lids of medication containers, which are kept in a medication drawer. I keep them in alphabetical order. Although I always look at the label before dispensing, this makes it easy to quickly find each child's medication bottle quickly.

Have you ever tried the alcohol based hand sanitizer to remove gum or stickiness left by labels? It works like a charm. Do not feel guilty if you cannot get everything done, if you have a brilliant idea which takes 4 years to get implemented, at least it is done, if you never get to do it, it is just one of those things. Get rid of the guilt, you're only human.

I have found a cheaper way to make "fun" Band-Aids. The character ones are so expensive. Someone may have done this before but I just thought of it one day as I had a crying 5 year old in my office from a scraped knee. I took out a pad of stickers I usually give them to wear on the shirt, etc., but this time thought why not put it on the Band-Aid before I place it on the knee. it was a smiling yellow face. It looked just like a real Band-aid and adhered very well...stickers are cheap compared to fancy Band-Aids...just a thought if no one has thought of it before me!

I have 6 students with Epi Pens this year. I was concerned about being able to quickly get my hands on the correct one in an emergency. Solution: I purchased 2 rubber organizer drawers for silverware. I labeled the ends with the names of the students and put one Epi-Pen in each slot. Now, at a quick glance I can grab and go. I keep glucagon for my diabetic students in the same arrangement.

A big time saver for me is having a master list of all my kids that have allergies and significant health issues such as asthma, diabetes, bladder urgency, etc. with emergency contact numbers and meds child is on. It helps to have that instead of having to look through many health history forms. Also I keep a list of the prn meds at each school so that i can glance at it before calling a parent if tylenol or something else minor is needed.(The meds are kept in the office not the clinic b/c I am only here every other day).

I set aside a few minutes each Friday (or whatever the last day of the school week is),no matter how hectic the day has been, to make a "To-do" list for the next week. It really helps me focus on what I need to get done in the upcoming week. Waiting til Monday doesn't seem to work as well. I include everything that MUST get done as well as a couple of long-term items. I check things off as they are completed and I am always amazed at how much I accomplish each week--especially those weeks when I feel that I'm just spinning in circles. It also helps me keep track of those long term reports, screenings, rescreens,etc. that tend to get pushed to the back burner until they're due. I may not get everything checked off but most are, and those that aren't get moved to the next week's to-do list:)

Copywritten 2003 School Nurse Perspectives www.homestead.com

Upcoming Events: **Mark Your Calendars**

- **March 1st, 2006** Nominations for the Mary Ito Award, Let Their Little Light Shine, and Utah School Nurse of the Year Award nominations due.
 - **March 1st, 2006** USNA Scholarship application due.
 - **March 1st, 2006** NASN Grants and Awards applications due
 - **March 16th and 17th, 2006** USNA Spring Conference in Provo. Application and Agenda now available online at www.utsna.org.
 - **June 30th – July 3rd, 2006** NASN Conference in New York City.
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Acknowledgements:

Thanks to all who submitted articles for the Winter 2006 edition of the newsletter. We appreciate your time and effort writing and sharing to help our organization become the best it can be. Please remember to submit [articles](#), and items for the [Sharing Corner](#) and [Getting to Know You/ News from around the State](#) to Jody Stubler for the next edition by **May 12th, 2006**.

Jody Stubler, RN Newsletter Editor
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stublerj@katewwdb.com
Cell: (801)557-2651
Home: (801)253-3598

**Happy St. Patricks Day, Happy Purim, Happy Passover,
Happy Easter,
Happy Spring, Happy Everything**